



- .
- .
- .
- .
- .
- .

**HIGHLIGHTS**

- Marketplace
- Contests
  - College Writing Contest
- National Press Club
- Causes & Charities
- Pulitzer Center
- Helium Quick Start Guide

**CHANNELS**

- Show All Channels
- Society & Lifestyle
  - Society & Lifestyle (Other)

Society & Lifestyle > Society & Lifestyle (Other)

## Reflections on real life heroes

This title has 162 articles. [Click here](#) to see all the articles rated and ranked by Helium members.

◀ Previous

1

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

1  
of 162

by Ryan Dube

Writing: ☆



- . A
- . A
- . A

I do not know my Hero. At least I don't know him personally. He certainly doesn't know me. However I respect him and appreciate him more than anyone I've ever met. I'll tell you why he's a soldier.

But he's not just any soldier. His name is Sergeant Brian Horn of LaPlata, Maryland. In August of 2003 while serving with the 173rd Airborne Brigade in the Kirkuk region of Iraq, Brian decided to help his fellow soldiers who were living under very rough conditions. Brian was blessed with a family who sent him care packages as often as they could but Brian also noticed there were a number of soldiers who didn't receive packages or mail, and could see the detrimental effect this had on morale.

Brian's father, a 20-year Army veteran, started a website on August 26th, 2003 and asked friends and neighbors to help sending their support to the troops. Brian wanted to hand out any care packages with "Attn: Any Soldier" addressed to him to other troops in his brigade who didn't normally receive much mail. By June 2004, Brian and his family had accumulated 100 additional volunteer contact soldiers who were willing to invest time and energy distributing care packages to soldiers in their units as well.

In November of 2005, Brian wrote in a letter from Afghanistan:

"To have been able to distribute the mail personally as a contact to soldiers who get next to no mail at all and for that brief moment see the look of hope in their faces of good things to come. The hope that somebody out there does care. That somebody does in fact love them as they deservingly should be loved. The hope that some day their involvement in the fight on terror was to preserve those that believed in them so much through and through, until their fight was done. We fight so that maybe, just maybe your grandchildren won't have to. Pray for us in all that we do."

These were care packages sent in by caring Americans who wanted to show their support for the troops and to do it from where it really counts, right out of their pocketbooks and from the heart.

Brian, and Brian's family, in their actions and in their love for the many soldiers who suffer through some of the harshest conditions without receiving correspondence or any luxuries have exemplified the core values that were adopted by the Army in the 1990's. Those core values are stated as follows:

LOYALTY Bear true faith and allegiance to the U.S. Constitution, the Army, your unit, and fellow soldiers

DUTY Fulfill your obligations.

RESPECT Treat others as they should be treated.

SELFLESS SERVICE Put the welfare of the nation, the Army, and your subordinates before your own.

### The Helium Update

32 days until the Reward-athon ends!  
[Write, rate, get stars and earn big money.](#)

Helium partners with the National Press Club!  
[Find out more.](#)

Foreign Exchange Essay Contest  
[Your essay could be featured on TV!](#)

New: The 1H20 Citizen Journalism Awards  
[Help raise awareness of the global water crisis](#)

Meet the site stewards  
Today: Pat Merewether, Landscaping subchannel.

[For more updates ...](#)



### Featured Partner Gathering of Eagles

Gathering of Eagles has partnered with Helium, giving you the chance to write for a cause. Browse Gathering of E...[more](#)

### This week in the Helium Marketplace

A wide range of writing opportunities for real money – only in the Helium Marketplace!

Timely, lively issues facing New Yorkers – Selected writers to earn \$180 per article!

Symantec Norton Security Software reviews needed at \$96 per selected writer!

HONOR Live the Army Values

INTEGRITY Do what's right, both legally and morally.

PERSONAL COURAGE Face fear, danger, or adversity, both physical and moral.

Since January 2004, Brian and his family extended the Any Soldier effort to include any member of the Armed Forces in harms way.

This selfless and caring effort by Brian Horn and his family represent true heroism in every sense of the word.

Jesus Christ has been quoted as stating:

"I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me. Truly, I say to you, as you did it to one of the least of these, my brethren, you did it to me." (Matthew 25)

The quote is more than a simple bible quote. It represents what it means to be truly selfless and what it means to be a real hero in a commercial world that has no real sense of the word.

In attending to not only the physical, but even more so the emotional needs of these soldiers, Brian and his family have so far offered over a million soldiers solace in a world of chaos and havoc. They've offered the world an opportunity to become heroes as well. Anyone, from any walk of life, can become a hero through the simple act of putting together a box of basic necessities, and a heartfelt note of love and appreciation - the necessities for the body, and the note for the soul.

Although they don't know me, nor I them - in offering up their time, energy, and resources so selflessly, Brian and his family have become my personal heroes. I strive every day to live my life according to the message that their actions convey to love others just as we love ourselves, and to do for others exactly what we wish someone would do for us, if we were in their shoes.

It is with heartfelt appreciation for Brian and his family that I call them my true heroes. If but there were only more humble and selfless heroes in the world such as these...we would end the suffering and despair of this age, and all those beyond.

.....  
Learn more about this author, [Ryan Dube](#).

Below are the top articles rated and ranked by Helium members on:

## Reflections on real life heroes

1  
of 162

by [Ryan Dube](#)

I do not know my Hero. At least I don't know him personally. He certainly doesn't know me. However I respect him a... [read more](#)

2  
of 162

by [Madison Raye](#)

American military men and women who put their life on the line to make

Calling all folks who work in the independent computer gaming industry - Earn \$80 to \$96 per selected article!

Travel Planning Guide is looking for articles about Lake Tahoe:

sure you and I have the freedoms that we do ar... [read more](#)

3  
of 162

by Melissa L. Sabol

I met my hero at a bar. He was a janitor. It wasn't his ideal job but, he didn't lie about it. It paid bills and pr... [read more](#)

4  
of 162

by Kristin Schaaf

His hand trembled slowly as he lifted the spoon from the yogurt container to his mouth. He pursed his lips, placing j... [read more](#)

5  
of 162

by Jon Coe

Real life heroes come in many shapes and forms. A hero can be a passing stranger that saves your life. A hero can be ... [read more](#)

[View All Articles on:](#)

[Reflections on real life heroes](#)

Add your voice

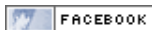
Know something about Reflections on real life heroes? We want to hear your view. [Write now!](#)



DELICIOUS



DIGG IT!



FACEBOOK

[more options](#)

[Previous](#)

1

[. 2](#)

[. 3](#)

[. 4](#)

[. 5](#)

[. 6](#)

[. 7](#)

[. 8](#)

[. 9](#)

[. 10](#)

[Next](#)

**Related Titles:**

[Recognizing real life heroes](#)

[Who were the real heroes of the Utah mine collapse](#)

[Is America forgetting its real heroes?](#)

[Reflections: Heroes](#)

[Reflections: Are the action heroes  
from the past a lost art form](#)

[Holiday reflections: Real life  
tragedies](#)

[What is Helium?](#) | [Link to Helium](#) | [Privacy](#) | [User Agreement](#)  
Copyright © 2002-2008 Helium, Inc. All rights reserved.